

Winter Weekend in Norfolk
Tortilla de Patatas (Spanish Omelette)
Cooking class with Martiña Gago

Ingredients:

5 eggs
4 medium-sized Yukon gold potatoes (not baking potatoes)
1 Spanish or yellow onion (optional)
1 to 2 cups of light olive oil
Crushed sea salt to taste

Materials

A 10-inch pan (preferably with a non stick surface) We like cast iron, but those can be heavy.
Spatula
Knife for cutting potatoes
Potato peeler
Medium size bowl for beating eggs
Fork for beating eggs
Paper towels to absorb oil after tortilla is cooked